

# Main Program

Sunday  
February 15, 2026

7:00 - 7:45	<i>Registration/Continental Breakfast</i>
7:45 - 8:00	<i>Introduction and Conference Goals</i>
8:00 - 8:30	Preoperative Cardiac Risk Assessment and Testing Ilan Wittstein, MD
8:30 - 9:00	Prevention and Treatment of Perioperative Myocardial Injury Nauder Faraday, MD MPH
9:00 - 9:30	Perioperative Management of Patients with Cardiomyopathy Todd Dorman, MD
9:30 - 10:00	Preoperative Evaluation: Optimized, Not Cleared Lenny Feldman, MD
10:00 - 10:15	Questions and Answers/Panel Discussion
10:15 - 10:30	<i>Refreshment Break/Concurrent with 1 to 1 case discussion with Faculty (in-person only)</i>
10:30 - 11:00	Perioperative Management of Patients on Anti-Platelet Therapy Nauder Faraday, MD MPH
11:00 - 11:30	Perioperative Management of Patients on Warfarin and Direct Oral Anticoagulants (DOACs) Nauder Faraday, MD MPH
11:30 - 12:45	<i>Controversial Clinical Case Vignettes</i>
11:30-11:45	Preoperative Evaluation and Management of the Patient with Heart Failure Ilan Wittstein, MD
11:45-12:00	Preoperative Management of the Patient with “New ECG Abnormalities” Ilan Wittstein, MD
12:00-12:15	Practical Interpretation and Perioperative Implications of an ECHO Report MaryBeth Brady, MD
12:15-12:30	To Stop or Not to Stop: Managing Immune Modulating Agents and other meds before surgery

## Main Program

Lenny Feldman, MD

12:30 – 12:45	<b>Resolving Common Perioperative Conundrums: The Role of Point of Care Ultrasound (POCUS)</b> Stephanie Cha, MD
12:45-1:15	<b>Questions and Answers/ Panel Discussion</b>

# Main Program

Monday  
February 16, 2026

7:00 - 7:30	<i>Continental Breakfast/Concurrent with meet the Professor for 1:1 Case Discussion with Faculty (in-person only)</i>
7:30 - 8:00	Preoperative Pulmonary Risk Assessment and Testing Peter Rock, MD MBA
8:00 - 8:30	Perioperative Management of the Patient with Pulmonary Hypertension Megan Kostibas, MD
8:30 - 9:00	Management of Perioperative Anemia, Transfusion, and Bleeding Nauder Faraday, MD MPH
9:00 - 9:30	Burnout and Emotional Exhaustion- Impact on Healthcare Outcomes J. Bryan Sexton, PhD
9:30 - 9:45	Questions and Answers/Panel Discussion
9:45 - 10:00	<i>Refreshment Break/Concurrent with 1 to 1 case discussion with Faculty (in-person only)</i>
10:00 - 10:30	Improving your Wellbeing and Patient Outcomes through Better Work-Life Integration J Bryan Sexton, PhD
10:30 - 11:00	Perioperative Respiratory Insufficiency: Mechanisms and Management Peter Rock, MD MBA
11:00 - 12:45	<i>Controversial Clinical Case Vignettes.</i>
11:00- 11:15	Perioperative Management of the Patient with a Pacemaker or ICD Ilan Wittstein, MD
11:15 - 11:30	To Cath or Not to Cath: What to do with the Patient with a Positive Postop Troponin Ilan Wittstein, MD and Nauder Faraday, MD
11:30- 11:45	Perioperative Hemodynamic Management- Can Goal Directed Therapy and Individualized Targets Improve Outcome? Todd Dorman, MD

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11:45- 12:00	Incidence, Implications, and Management of Postoperative Atrial Fibrillation Stephanie Cha, MD
12:00- 12:15	Challenging Airways: Keeping You and Your Patient Safe Laeben Lester, MD
12:15-12:30	“It’s only a sedation case...”: Strategies to Prevent a Cardiopulmonary Catastrophe Laeben Lester, MD
12:30- 12:45	Acute Hypoxia in the PACU or Ward: Differentiating the Good, the Bad, and the Ugly Megan Kostibas, MD; Stephanie Cha, MD
12:45- 1:15	Questions and Answers/Panel Discussion
2-5PM	Optional: Point of care ultrasound (POCUS) workshop

# Main Program

Tuesday  
February 17, 2026

7:00 - 7:30	<i>Continental Breakfast/Concurrent with meet the Professor for 1:1 Case Discussion with Faculty (in-person only)</i>
7:30 - 8:00	Perioperative Management of Diabetes and Hyperglycemia Lenny Feldman, MD
8:00 - 8:30	Perioperative Renal Dysfunction Derek Fine, MD
8:30 - 9:00	Acute Pain Management: Limiting Narcotics through Multimodal Analgesia Kara Segna, MD
9:00 - 9:30	Prevention and Treatment of Surgical Site Infections Pamela Lipsett, MD
9:30 - 9:45	Questions and Answers/Panel Discussion
9:45 - 10:00	<i>Refreshment Break/Concurrent with 1 to 1 case discussion with Faculty (in-person only)</i>
10:00 - 10:30	Preventing, Identifying, and Managing Common Healthcare Associated Infections Pamela Lipsett, MD
10:30- 11:00	Managing the Pregnant Patient for Obstetrical and Non-Obstetrical Surgery Kara Segna, MD
11:00 - 12:45	<i>Controversial Clinical Case Vignettes:</i>
11:00 - 11:15	Managing Surgical Patients with Diabetes and Hyperglycemia: Case presentations Lenny Feldman, MD
11:15 - 11:30	Perioperative Management of Hyponatremia and Other Electrolyte Abnormalities Derek Fine, MD
11:30 - 11:45	Perioperative Management of the Patient with Chronic Opioid Use Disorder: Methadone, Buprenorphine, and more Kara Segna, MD
11:45- 12:00	What's New in Pain Management: suzetrigine and cannabis Kara Segna, MD

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12:00 – 12:15	Can we reduce acute kidney injury by improving perioperative hemodynamic management? Lee Goeddel, MD MPH
12:15- 12:30	Perioperative Fluid Management Pamela Lipsett, MD
12:30 – 12:50	Identifying and Mitigating Perioperative Risks in Patients with Obstructive Sleep Apnea Peter Rock, MD MBA
12:50 – 1:20	Questions and Answers/Panel Discussion
3-5PM	Optional: Wellness workshop

# Main Program

Wednesday  
February 18, 2026

7:00 - 7:30	<i>Continental Breakfast/Concurrent with meet the Professor for 1:1 Case Discussion with Faculty (in-person only)</i>
7:30 - 8:00	Perioperative DVT and Pulmonary Embolism Nauder Faraday, MD MPH
8:00 - 8:30	Post-Operative Delirium: Prevention and Treatment Frederick E. Sieber, MD
8:30 - 9:00	Identifying and Managing Risks in Ambulatory Surgery Patients Tina Tran, MD
9:00 - 9:30	Perioperative Management of Hepatic Dysfunction Aliaksei Pustavoitau, MD
9:30 - 9:45	Questions and Answers/Panel Discussion
9:45 - 10:00	<i>Refreshment Break/Concurrent with 1 to 1 case discussion with Faculty (in-person only)</i>
10:00 - 10:30	Improving Perioperative Quality and Safety through System and Culture Change J. Bryan Sexton, PhD
10:30 - 11:00	Frailty: Measurement, Prehabilitation, and Periop Management Frederick Sieber, MD
11:00 - 12:30	<i>Controversial Clinical Case Vignettes:</i>
11:00 - 11:15	Managing End of Life Care in Surgical Patients Pamela Lipsett, MD
11:15 - 11:30	ERAS for Ambulatory Surgery Tina Tran, MD
11:30 - 11:45	Postoperative Mental Status Changes in Geriatric Patients- Head CT and Call Neurology? Aliaksei Pustavoitau, MD and Frederick Sieber, MD
11:45 - 12:00	Improving the Quality of Sepsis Care Todd Dorman, MD

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12:00 – 12:15	<b>Continuous Physiologic Monitoring After the PACU: Which one and for whom?</b> Lee Goeddel, MD MPH
12:15- 12:45	<b>AI in Perioperative Medicine: Hype or Reality?</b> Mohamed Rehman, MD
12:45 – 1:15	<b>Questions and Answers/Panel Discussion</b>