

Main Program

Sunday
February 15, 2026

7:00 - 7:45	<i>Registration/Continental Breakfast</i>
7:45 - 8:00	<i>Introduction and Conference Goals</i>
8:00 - 8:30	Preoperative Cardiac Risk Assessment and Testing Ilan Wittstein, MD
8:30 - 9:00	Prevention and Treatment of Perioperative Myocardial Injury Nauder Faraday, MD MPH
9:00 - 9:30	Perioperative Management of Patients with Cardiomyopathy Todd Dorman, MD
9:30 - 10:00	Preoperative Evaluation: Optimized, Not Cleared Lenny Feldman, MD
10:00 - 10:15	Questions and Answers/Panel Discussion
10:15 - 10:30	<i>Refreshment Break/Concurrent with 1 to 1 case discussion with Faculty (in-person only)</i>
10:30 - 11:00	Perioperative Management of Patients on Anti-Platelet Therapy Nauder Faraday, MD MPH
11:00 - 11:30	Perioperative Management of Patients on Warfarin and Direct Oral Anticoagulants (DOACs) Nauder Faraday, MD MPH
11:30 - 12:45	<i>Controversial Clinical Case Vignettes</i>
11:30-11:45	Preoperative Evaluation and Management of the Patient with Heart Failure Ilan Wittstein, MD
11:45-12:00	Preoperative Management of the Patient with “New ECG Abnormalities” Ilan Wittstein, MD
12:00-12:15	Practical Interpretation and Perioperative Implications of an ECHO Report MaryBeth Brady, MD
12:15-12:30	To Stop or Not to Stop: Managing Immune Modulating Agents and other meds before surgery

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Lenny Feldman, MD

12:30 – 12:45

Resolving Common Perioperative Conundrums: The Role of
Point of Care Ultrasound (POCUS)
Stephanie Cha, MD

12:45-1:15

Questions and Answers/ Panel Discussion

Main Program

Monday
February 16, 2026

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| 7:00 - 7:30 | <i>Continental Breakfast/Concurrent with meet the Professor for 1:1 Case Discussion with Faculty (in-person only)</i> |
| 7:30 - 8:00 | Preoperative Pulmonary Risk Assessment and Testing
Peter Rock, MD MBA |
| 8:00 - 8:30 | Perioperative Management of the Patient with Pulmonary Hypertension
Megan Kostibas, MD |
| 8:30 - 9:00 | Management of Perioperative Anemia, Transfusion, and Bleeding
Nauder Faraday, MD MPH |
| 9:00 - 9:30 | Burnout and Emotional Exhaustion- Impact on Healthcare Outcomes
J. Bryan Sexton, PhD |
| 9:30 - 9:45 | Questions and Answers/Panel Discussion |
| 9:45 - 10:00 | <i>Refreshment Break/Concurrent with 1 to 1 case discussion with Faculty (in-person only)</i> |
| 10:00 - 10:30 | Improving your Wellbeing and Patient Outcomes through Better Work-Life Integration
J Bryan Sexton, PhD |
| 10:30 - 11:00 | Perioperative Respiratory Insufficiency: Mechanisms and Management
Peter Rock, MD MBA |
| 11:00 - 12:45
11:00- 11:15 | <i>Controversial Clinical Case Vignettes.</i>
Perioperative Management of the Patient with a Pacemaker or ICD
Ilan Wittstein, MD |
| 11:15 - 11:30 | To Cath or Not to Cath: What to do with the Patient with a Positive Postop Troponin
Ilan Wittstein, MD and Nauder Faraday, MD |
| 11:30- 11:45 | Perioperative Hemodynamic Management- Can Goal Directed Therapy and Individualized Targets Improve Outcome?
Todd Dorman, MD |

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11:45- 12:00	Incidence, Implications, and Management of Postoperative Atrial Fibrillation Stephanie Cha, MD
12:00- 12:15	Challenging Airways: Keeping You and Your Patient Safe Laeben Lester, MD
12:15-12:30	“It’s only a sedation case...”: Strategies to Prevent a Cardiopulmonary Catastrophe Laeben Lester, MD
12:30- 12:45	Acute Hypoxia in the PACU or Ward: Differentiating the Good, the Bad, and the Ugly Megan Kostibas, MD; Stephanie Cha, MD
12:45- 1:15	Questions and Answers/Panel Discussion
2-5PM	Optional: Point of care ultrasound (POCUS) workshop

Main Program

Tuesday
February 17, 2026

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| 7:00 - 7:30 | <i>Continental Breakfast/Concurrent with meet the Professor for 1:1 Case Discussion with Faculty (in-person only)</i> |
| 7:30 - 8:00 | Perioperative Management of Diabetes and Hyperglycemia
Lenny Feldman, MD |
| 8:00 - 8:30 | Perioperative Renal Dysfunction
Derek Fine, MD |
| 8:30 - 9:00 | Acute Pain Management: Limiting Narcotics through Multimodal Analgesia
Kara Segna, MD |
| 9:00 - 9:30 | Prevention and Treatment of Surgical Site Infections
Pamela Lipsett, MD |
| 9:30 - 9:45 | Questions and Answers/Panel Discussion |
| 9:45 - 10:00 | <i>Refreshment Break/Concurrent with 1 to 1 case discussion with Faculty (in-person only)</i> |
| 10:00 - 10:30 | Preventing, Identifying, and Managing Common Healthcare Associated Infections
Pamela Lipsett, MD |
| 10:30 - 11:00 | Managing the Pregnant Patient for Obstetrical and Non-Obstetrical Surgery
Kara Segna, MD |
| 11:00 - 12:45 | <i>Controversial Clinical Case Vignettes:</i> |
| 11:00 - 11:15 | Managing Surgical Patients with Diabetes and Hyperglycemia: Case presentations
Lenny Feldman, MD |
| 11:15 - 11:30 | Perioperative Management of Hyponatremia and Other Electrolyte Abnormalities
Derek Fine, MD |
| 11:30 - 11:45 | Perioperative Management of the Patient with Chronic Opioid Use Disorder: Methadone, Buprenorphine, and more
Kara Segna, MD |
| 11:45 - 12:00 | What's New in Pain Management: suzetrigine and cannabis
Kara Segna, MD |

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12:00 – 12:15	Can we reduce acute kidney injury by improving perioperative hemodynamic management? Lee Goeddel, MD MPH
12:15- 12:30	Perioperative Fluid Management Pamela Lipsett, MD
12:30 – 12:50	Identifying and Mitigating Perioperative Risks in Patients with Obstructive Sleep Apnea Peter Rock, MD MBA
12:50 – 1:20	Questions and Answers/Panel Discussion
3-5PM	Optional: Wellness workshop

Main Program

Wednesday
February 18, 2026

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| 7:00 - 7:30 | <i>Continental Breakfast/Concurrent with meet the Professor for 1:1 Case Discussion with Faculty (in-person only)</i> |
| 7:30 - 8:00 | Perioperative DVT and Pulmonary Embolism
Nauder Faraday, MD MPH |
| 8:00 - 8:30 | Post-Operative Delirium: Prevention and Treatment
Frederick E. Sieber, MD |
| 8:30 - 9:00 | Identifying and Managing Risks in Ambulatory Surgery Patients
Tina Tran, MD |
| 9:00 - 9:30 | Perioperative Management of Hepatic Dysfunction
Aliaksei Pustavoitau, MD |
| 9:30 - 9:45 | Questions and Answers/Panel Discussion |
| 9:45 - 10:00 | <i>Refreshment Break/Concurrent with 1 to 1 case discussion with Faculty (in-person only)</i> |
| 10:00 - 10:30 | Improving Perioperative Quality and Safety through System and Culture Change
J. Bryan Sexton, PhD |
| 10:30 - 11:00 | Frailty: Measurement, Prehabilitation, and Periop Management
Frederick Sieber, MD |
| 11:00 - 12:30 | <i>Controversial Clinical Case Vignettes:</i> |
| 11:00 - 11:15 | Managing End of Life Care in Surgical Patients
Pamela Lipsett, MD |
| 11:15 - 11:30 | ERAS for Ambulatory Surgery
Tina Tran, MD |
| 11:30 - 11:45 | Postoperative Mental Status Changes in Geriatric Patients- Head CT and Call Neurology?
Aliaksei Pustavoitau, MD and Frederick Sieber, MD |
| 11:45 - 12:00 | Improving the Quality of Sepsis Care
Todd Dorman, MD |

Main Program

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| 12:00 – 12:15 | Continuous Physiologic Monitoring After the PACU: Which one and for whom?
Lee Goeddel, MD MPH |
| 12:15- 12:45 | AI in Perioperative Medicine: Hype or Reality?
Mohamed Rehman, MD |
| 12:45 – 1:15 | Questions and Answers/Panel Discussion |